

HEART
SOUL
MIND
STRENGTH

TRANSFORMANCE

2024 SPORTS CAMP REGISTRATION

Perdido Bay UMC

A designed strength and conditioning program that ensures all youth will develop athleticism at their given level of endowment and be able to continue to participate in sports and physical activity throughout their life course.

C.O.R.E. Principles

- * Character Building When you perform an act, you create a habit. If you create a habit, you acquire a discipline. With discipline comes character, the very foundation of personal integrity. *Doing* and *being* go hand in hand.
- * Opportunities All youth need to be provided multiple opportunities to reach their potential. Youth need to get in shape to play a sport, not play a sport to get in shape.
- * Recognition We recognize the fact that all youth need to learn fundamental motor skills and movement patterns.
- * Environment Data indicates that 70% of youth drop out of youth sports by age 13. The reason for this, it is no longer fun and lack of success. We will provide an environment that promotes fun and success.



How We Make a Difference

Through our training and with your child's commitment, we will help them develop the following in our program:

- ❖ POWER
- ❖ EXPLOSIVENESS
- ❖ SPEED
- ❖ AGILITY
- ❖ 1st STEP QUICKNESS
- ❖ ENDURANCE
- ❖ STRENGTH
- ❖ INCREASE IN VERTICAL
- ❖ MENTAL TOUGHNESS
- ❖ CHARACTER
- ❖ DISCIPLINE
- ❖ NUTRITION

The Bottom Line

Positive development is the key to future leadership development. So is a healthy and active lifestyle.

Transformance is designed to further cultivate the gifts of mind, body and spirit for youth ages 8-18. As a program of the Perdido Bay UMC Activities Center, we believe that those who develop the inclination to perform are the ones who make a lasting difference for themselves and their community.

Perdido Bay UMC
13660 Innerarity Point Rd
Pensacola, FL 32507
(850) 492-2135 or
mike.pindel@gmail.com

Schedule Mon - Thurs

9:45-11:45am

** Scholarships available
Contact Ms. Rae:
rae@perdidobay.church

\$100

REGISTRATION & WAIVER

Last Name _____ First Name (Goes by) _____ Date of Birth _____ Grade _____
Home Phone # _____ Emergency Phone # _____
Mother _____ Work # _____
Father _____ Work # _____
Address _____ City _____ Zip _____
Email Address _____

Please check the blank if you do not want your son or daughter on social media. _____

Authorization to provide medical attention:

I hereby authorize the PBUMC Activities Center to secure medical attention to my child/ward in an emergency where they deem it appropriate. I certify that I currently have medical/hospitalization insurance with:

Signature _____ Company _____ Policy # _____

**PBUMC ACTIVITIES CENTER
RELEASE OF LIABILITY for MINOR PARTICIPANTS YOUTH AGES 8-18**

In consideration of _____, my minor child/ward (“_____”), being allowed to participate
(Name of child) (Name of child)

In any way in the PBUMC ACTIVITIES CENTER program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury to my child from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. FOR MYSELF, SPOUSE AND CHILD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my child’s participation; and,
3. I willingly agree to comply with the program’s stated and customary terms and conditions for participation. If I observe any unusual significant concern in mchild’s readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE THE PBUMC ACTIVITIES CENTER, its trainers, officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event (“Releasees”), WITH RESPECT TO ANY AND ALL INJURY, DISABILILITY, DEATH, or loss or damage to person or property incident to my child’s involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
5. I, for myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

(Parent / Guardian Signature) _____ Print Name) _____ Date Signed: _____

UNDERSTANDING OF RISK

I understand the seriousness of the risks involved in participating in this program, my personal responsibilities for adhering to rules and regulations, and accept them as a participant.

(Parent / Guardian Signature) _____ Print Name) _____ Date Signed: _____