

Women's Spiritual Day Away

Perdido Bay United Methodist Church

Saturday, June 8th from 8:30-3:00

(registration begins at 8:30 am)



God Speaks Still, we only need to Be Still and listen!

Scripture focus:

“Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!” Psalm 46:10

“Call to me and I will answer you, and will tell you great and hidden things that you have not known” Jeremiah 33:3

Outline of the Day:

8:30-9:00 am Check-In and Breakfast in Activity Center

9:00-9:45 am Opening Worship with Morning Speaker Pastor Emily Kincaid

9:45-10:15 am Small Group Discussions (at assigned tables)

10:15-11:45 am Breakout Sessions

- † Centering Chair Yoga**
- † Biblical Baking**
- † Christian Card Making-**
- † Seashell Wind Chimes**
- † Rockin' Out**
- † Photography**
- † “The Circle” Prayer Walk**
- † Prayerful Paper Flowers**
- † Paint and Sip**
- † Be Still with Birds**

11:45-12:30 pm Lunch in Activity Center Gym

12:30-2:00 pm Small Group Sessions

2:00-3:00 pm Closing Worship with Afternoon Speaker Pastor Pam Avery

Event registration is \$15.00 per person (the registration fee includes lunch)



Custom “Be Still” T-Shirts are available as an optional add-on (\$15.00 due at the time of registration)